

## Some Volunteer Opportunities Within HRM

### Health / Medicine / Disabilities

MS Society of Canada	<a href="http://mssociety.ca/en/involved/volunteer.htm">http://mssociety.ca/en/involved/volunteer.htm</a>	(902) 468-8230
The Epilepsy Association of Nova Scotia	<a href="http://epilepsyns.com/eans/volunteers.html">http://epilepsyns.com/eans/volunteers.html</a>	(902) 429-2633
The Eating Disorders Action Group	<a href="http://www.edag.ca/volunteer.html#infovolunteer">http://www.edag.ca/volunteer.html#infovolunteer</a>	
Qeii Health Sciences Centre Foundation	<a href="http://www.qe2foundation.com/en/home/waystodonate/volunteer.aspx">http://www.qe2foundation.com/en/home/waystodonate/volunteer.aspx</a>	(902) 473-7932
Hospice Society of Greater Halifax	<a href="http://www.hospicehalifax.org/announcements.html">http://www.hospicehalifax.org/announcements.html</a>	(902) 446 0929
Heart and Stroke Foundation of Nova Scotia	<a href="http://www.heartandstroke.ns.ca/site/c.inKMIPNIEiG/b.3667961/k.F9DD/Volunteer.htm">http://www.heartandstroke.ns.ca/site/c.inKMIPNIEiG/b.3667961/k.F9DD/Volunteer.htm</a>	1-800-423-4432 x3306
Halifax Sexual Health Centre	<a href="http://www.hshc.ca/index.php?q=content/volunteer">http://www.hshc.ca/index.php?q=content/volunteer</a>	(902) 455-9656
Capital District Health Authority	<a href="http://www.cdha.nshealth.ca/default.aspx?Page=SubPage&amp;category.Categories.1=140&amp;centerContent.Id.0=11520">http://www.cdha.nshealth.ca/default.aspx?Page=SubPage&amp;category.Categories.1=140&amp;centerContent.Id.0=11520</a>	(902) 473-5420
Canadian Cancer Society (Nova Scotia Division)	<a href="http://www.cancer.ca/Nova%20Scotia/How%20you%20can%20help/NS-Volunteering.aspx?sc_lang=en">http://www.cancer.ca/Nova%20Scotia/How%20you%20can%20help/NS-Volunteering.aspx?sc_lang=en</a>	(902) 423-6183
Canadian Cystic Fibrosis Foundation	<a href="http://www.cysticfibrosis.ca/en/getInvolved/index.php">http://www.cysticfibrosis.ca/en/getInvolved/index.php</a>	(902) 425-2462
Childrens Wish Foundation	<a href="http://www.childrenswish.ca/en-ns/get_involved/volunteer">http://www.childrenswish.ca/en-ns/get_involved/volunteer</a>	1-800-267-WISH
VON (Victoria Order of Nurses)	<a href="http://von.ca/NationalDirectory/branch/pages.aspx?BranchId=6&amp;section=volunteer">http://von.ca/NationalDirectory/branch/pages.aspx?BranchId=6&amp;section=volunteer</a>	(902) 453-5800
ALS Society of Nova Scotia	<a href="http://www.als.ca/events/">http://www.als.ca/events/</a>	(902) 454 3636
Canadian Diabetes Association	<a href="http://www.diabetes.ca/get-involved/supporting-us/volunteer/">http://www.diabetes.ca/get-involved/supporting-us/volunteer/</a>	(902) 453-4232
Kid's Help Phone	<a href="http://org.kidshelpphone.ca/en/volunteer/">http://org.kidshelpphone.ca/en/volunteer/</a>	1-888-470-8880
Muscular Dystrophy Canada	<a href="http://www.muscle.ca/atlantic-canada/volunteering.html">http://www.muscle.ca/atlantic-canada/volunteering.html</a>	(902) 429-6322
Terry Fox Foundation	<a href="https://www.terryfox.org/Get_Involved.html">https://www.terryfox.org/Get_Involved.html</a>	(902) 423-8131
Easter Seals of Nova Scotia	<a href="http://www.easterseals.ns.ca/donate/become-a-volunteer/">http://www.easterseals.ns.ca/donate/become-a-volunteer/</a>	(902) 453-6000 x220
Canadian Blood Services	<a href="http://www.bloodservices.ca/centreapps/internet/uw_v502_mainengine.nsf/page/What%20You%20Can%20Expect?OpenDocument&amp;CloseMenu">http://www.bloodservices.ca/centreapps/internet/uw_v502_mainengine.nsf/page/What%20You%20Can%20Expect?OpenDocument&amp;CloseMenu</a>	(902) 474-8200
CNIB Canadian National Institute for the Blind	<a href="http://www.cnib.ca/en/support/become-a-volunteer/">http://www.cnib.ca/en/support/become-a-volunteer/</a>	902-453-1480 x226
Canadian Mental Health Association	<a href="http://www.novascotia.cmha.ca/bins/loc_page2.asp?cid=58-85&amp;cmp_id=707&amp;lang=1">http://www.novascotia.cmha.ca/bins/loc_page2.asp?cid=58-85&amp;cmp_id=707&amp;lang=1</a>	(902) 466-6600
Learning Disabilities Association of Nova Scotia	<a href="http://www.ldans.ca/volunteer.php">http://www.ldans.ca/volunteer.php</a>	(902) 423-2850
IWK Health Centre	<a href="http://www.iwk.nshealth.ca/index.cfm?objectId=F66B6044-B2B3-54AE-AA213AC2708D757F">http://www.iwk.nshealth.ca/index.cfm?objectId=F66B6044-B2B3-54AE-AA213AC2708D757F</a>	(902) 470-6980
Brain Injury Association of Canada	<a href="http://biac-aclc.ca/en/join-our-volunteer-volunteer/">http://biac-aclc.ca/en/join-our-volunteer-volunteer/</a>	

### Arts & Culture

Shakespeare By The Sea	<a href="http://www.shakespearebythesea.ca/volunteers.html">http://www.shakespearebythesea.ca/volunteers.html</a>	902-422-0295
Opera Nova Scotia	<a href="http://www.nsopera.org/volunteer.asp">http://www.nsopera.org/volunteer.asp</a>	(902)-425-8586
Nova Scotia Sport Hall Of Fame	<a href="http://www.novascotiasporthalloffame.com/FacilityMuseum/Volunteering/tabid/548/Default.aspx">http://www.novascotiasporthalloffame.com/FacilityMuseum/Volunteering/tabid/548/Default.aspx</a>	(902)421-1266
Mocean Dance Society	<a href="http://www.moceandance.com/en/home/supporters/getinmocean.aspx">http://www.moceandance.com/en/home/supporters/getinmocean.aspx</a>	902-425-4908
Heritage Trust of Nova Scotia	<a href="http://www.htns.ca/volunteer.html">http://www.htns.ca/volunteer.html</a>	(902) 423-4807
Halifax Citadel Reginemtal Association	<a href="http://www.regimental.com/inside.asp?cmPageID=213">http://www.regimental.com/inside.asp?cmPageID=213</a>	(902) 426-1990
Chebucto Community Net	<a href="http://www.chebucto.ns.ca/Chebucto/Volunteers/index.shtml">http://www.chebucto.ns.ca/Chebucto/Volunteers/index.shtml</a>	<a href="mailto:office@chebucto.ns.ca">office@chebucto.ns.ca</a>
Atlantic Film Festival	<a href="http://www.atlanticfilm.com/aff/volunteer.php">http://www.atlanticfilm.com/aff/volunteer.php</a>	(902) 422-3456
2b Theatre Company	<a href="http://www.2btheatre.com/index.php?page_id=150">http://www.2btheatre.com/index.php?page_id=150</a>	(902) 453-6267
HRM	<a href="http://www.halifax.ca/volunteerservices/CommunityRelationsContacts.html">http://www.halifax.ca/volunteerservices/CommunityRelationsContacts.html</a>	(902) 490-4535
Immigration Settlement & Integration Services (ISIS)	<a href="http://www.isisns.ca/volunteer-community/">http://www.isisns.ca/volunteer-community/</a>	(902) 406-8851
EyeLevel Gallery	<a href="http://www.eyelevegallery.ca/content/membership">http://www.eyelevegallery.ca/content/membership</a>	(902) 425 6412
Chebucto Orchestral Society of Nova Scotia	<a href="http://www.chebucto.ns.ca/Services/Volunteers/BecomeAVolunteer.html">http://www.chebucto.ns.ca/Services/Volunteers/BecomeAVolunteer.html</a>	<a href="mailto:office@chebucto.ns.ca">office@chebucto.ns.ca</a>
Theatre Arts Guild	<a href="http://tagtheatre.com/html/volunteer.html">http://tagtheatre.com/html/volunteer.html</a>	(902) 477-2663
Pier 21	<a href="https://www.pier21.ca/about/volunteer-at-pier-21/">https://www.pier21.ca/about/volunteer-at-pier-21/</a>	(902) 425-7770 x237
Special Olympics Nova Scotia	<a href="http://www.sons.ca/index.php?option=com_content&amp;task=view&amp;id=58&amp;Itemid=74">http://www.sons.ca/index.php?option=com_content&amp;task=view&amp;id=58&amp;Itemid=74</a>	(902) 429-2266
Art Gallery of Nova Scotia	<a href="http://www.artgalleryofnovascotia.ca/en/AGNS_Halifax/involved/volunteer/default.aspx">http://www.artgalleryofnovascotia.ca/en/AGNS_Halifax/involved/volunteer/default.aspx</a>	(902) 424-8935

### Education / Environment

Discovery Centre	<a href="http://www.discoverycentre.ns.ca/?q=Volunteer">http://www.discoverycentre.ns.ca/?q=Volunteer</a>	(902) 492-4422
Dalhousie Medical Research Foundation	<a href="http://www.dmrh.ca/en/home/howcanigive/volunteer.aspx">http://www.dmrh.ca/en/home/howcanigive/volunteer.aspx</a>	(902) 494-3502
Saint Mary's University	<a href="http://www.smu.ca/administration/career/vol.html">http://www.smu.ca/administration/career/vol.html</a>	(902) 424-5175
Atlantic Science Links Association	<a href="http://atlanticsciencelinks.dal.ca/volunteer.html">http://atlanticsciencelinks.dal.ca/volunteer.html</a>	(902) 494-2831
Lifesaving Society Lifeguard Experts	<a href="http://www.lifesavingsociety.ns.ca/index.php?option=com_content&amp;view=article&amp;id=73&amp;Itemid=74">http://www.lifesavingsociety.ns.ca/index.php?option=com_content&amp;view=article&amp;id=73&amp;Itemid=74</a>	(902) 425-5450 Ext. 331
Canadian Coast Guard Auxiliary	<a href="http://www.ccg-a.ca/">http://www.ccg-a.ca/</a>	
Nova Scotia Trails	<a href="http://www.rswebmanager.com/documents/1/Volunteer_Application_Form__draft_.pdf">http://www.rswebmanager.com/documents/1/Volunteer_Application_Form__draft_.pdf</a>	(902) 425-5450 x325
Nova Scotia Nature Trust	<a href="http://nsnt.ca/participate/volunteer/">http://nsnt.ca/participate/volunteer/</a>	(902) 425-5263
Environmental Health Association of Nova Scotia	<a href="http://www.environmentalhealth.ca/alternatesupport.html">http://www.environmentalhealth.ca/alternatesupport.html</a>	1-800-449-1995
Legal Information Society of Nova Scotia	<a href="http://www.legalinfo.org/index.php?searchword=volunteer&amp;option=com_search&amp;Itemid=8">http://www.legalinfo.org/index.php?searchword=volunteer&amp;option=com_search&amp;Itemid=8</a>	(902) 454-2198
Bedford-Sackville Learning Network	<a href="http://www.chebucto.ns.ca/Education/BSLN/volunteer.html">http://www.chebucto.ns.ca/Education/BSLN/volunteer.html</a>	(902) 869-3838
Dartmouth Learning Network	<a href="http://www.dartmouthlearning.net/">http://www.dartmouthlearning.net/</a>	(902) 464-3444
Ecology Action Centre	<a href="http://www.ecologyaction.ca/content/volunteer">http://www.ecologyaction.ca/content/volunteer</a>	(902) 429-2202
Adventure Earth Centre	<a href="http://www.halifax.ca/rec/documents/SS_AdventureEarth.pdf">http://www.halifax.ca/rec/documents/SS_AdventureEarth.pdf</a>	(902) 490-4539

## Some Volunteer Opportunities Within HRM

### Family & Community Services

Brigadoon Children's Camp	<a href="http://www.brigadoonvillage.org/general-content/general-content/volunteers.html">http://www.brigadoonvillage.org/general-content/general-content/volunteers.html</a>	(902) 422-3387
Duke of Edinburgh's Awards	<a href="http://www.dukeofed.org/volunteers">http://www.dukeofed.org/volunteers</a>	(902) 425-5454 x329
Junior League of Halifax	<a href="http://www.juniorleagueofhalifax.org/default.asp?mn=1.68">http://www.juniorleagueofhalifax.org/default.asp?mn=1.68</a>	(902) 429-9437
Halifax Independent School	<a href="http://www.halifaxindependentschool.ns.ca/aboutus/volunteer.php">http://www.halifaxindependentschool.ns.ca/aboutus/volunteer.php</a>	(902) 423-9777
Ronald McDonald House Atlantic	<a href="http://www.rmhatlantic.ca/volunteering.asp">http://www.rmhatlantic.ca/volunteering.asp</a>	(902) 482-1249
Canadian Parents for French	<a href="http://www.cpfns.ednet.ns.ca/index.php?option=com_content&amp;view=article&amp;id=52%3Acadian-parents-for-french-&amp;catid=36%3Aabout-usa-propos-de-cpf&amp;Itemid=53&amp;lang=en">http://www.cpfns.ednet.ns.ca/index.php?option=com_content&amp;view=article&amp;id=52%3Acadian-parents-for-french-&amp;catid=36%3Aabout-usa-propos-de-cpf&amp;Itemid=53&amp;lang=en</a>	(902) 453-2048
YMCA of Greater Halifax	<a href="http://www.ymcahm.ns.ca/how_to_volunteer.html">http://www.ymcahm.ns.ca/how_to_volunteer.html</a>	
Home of the Guardian Angel	<a href="http://www.homeoftheguardianangel.ca/opportunities">http://www.homeoftheguardianangel.ca/opportunities</a>	(902) 422-7964
Halifax & Redion Military Family Resouce Centre	<a href="http://www.halifaxmfr.ca/page.php?id=65">http://www.halifaxmfr.ca/page.php?id=65</a>	(902) 427-7780
Metro Community Housing Association	<a href="http://www.mcha.ns.ca/mcha.php?requestpage=volunteer">http://www.mcha.ns.ca/mcha.php?requestpage=volunteer</a>	(902) 453-6444
Parker Street Food & Furniture Bank	<a href="http://www.parkerstreet.org/volunteer/">http://www.parkerstreet.org/volunteer/</a>	(902) 425-2125
Hospice Society of Greater Halifax	<a href="http://www.hospicehalifax.org/Volunteering.html">http://www.hospicehalifax.org/Volunteering.html</a>	(902) 446-0929
Spencer House Senior's Centre	<a href="http://www.spencerhouse.ca/contact.html">http://www.spencerhouse.ca/contact.html</a>	(902) 421-6131
Northwood	<a href="https://nwood.ns.ca/working-here">https://nwood.ns.ca/working-here</a>	(902) 454-8311
Feed Nova Scotia	<a href="http://www.feednovascotia.ca/howtohelp_volunteering.html">http://www.feednovascotia.ca/howtohelp_volunteering.html</a>	(902) 457-1900
NS Net	<a href="http://www.nsnet.org/vol.html">http://www.nsnet.org/vol.html</a>	
Chebucto Links	<a href="http://www.chebuctolinks.ca/">http://www.chebuctolinks.ca/</a>	(902) 422-3525
Community Justice Society	<a href="http://www.communityjusticesociety.org/volunteers.html">http://www.communityjusticesociety.org/volunteers.html</a>	(902) 424-5473
Salutary Angels	<a href="http://www.salutaryangels.org/volunteer.html">http://www.salutaryangels.org/volunteer.html</a>	(902) 425-6961 □
Dress for Success	<a href="http://www.dressforsuccess.org/supportdfs_volunteer.aspx">http://www.dressforsuccess.org/supportdfs_volunteer.aspx</a>	(902) 493-7377
Salvation Army	<a href="http://www.salvationarmy.ca/volunteer/">http://www.salvationarmy.ca/volunteer/</a>	(902) 455-1201
Big Brothers Big Sisters Halifax	<a href="http://www.bigbrothersbigsistershalifax.ca/en/home/Programs/InquiryFormPage.aspx">http://www.bigbrothersbigsistershalifax.ca/en/home/Programs/InquiryFormPage.aspx</a>	(902) 466-5437
Independent Living Nova Scotia	<a href="http://www.ilns.ca/Content/Support.htm">http://www.ilns.ca/Content/Support.htm</a>	(902) 453-0004
United Way Halifax	<a href="http://www.unitedwayhalifax.ca/Volunteering/volunteering.html">http://www.unitedwayhalifax.ca/Volunteering/volunteering.html</a>	(902) 422 1501
Phoenix Youth Programs	<a href="http://www.phoenixyouth.ca/howyoucanhelp/volunteer">http://www.phoenixyouth.ca/howyoucanhelp/volunteer</a>	(902) 422-3105
Ward 5 Neighbourhood Centre (District 11- Halifax North)	<a href="http://www.ward5.org/Mainpages/contact-us.html">http://www.ward5.org/Mainpages/contact-us.html</a>	(902) 454-0018
Community Action on Homelessness	<a href="http://www.cahhalifax.org/aboutus.htm">http://www.cahhalifax.org/aboutus.htm</a>	(902) 420-6026
Habitat for Humanity	<a href="http://habitat.ca/volunteeropportunitiesp955.php">http://habitat.ca/volunteeropportunitiesp955.php</a>	(902) 464-0274
Hope Cottage (hot meals)	<a href="http://www.nsnet.org/hopecottage/">http://www.nsnet.org/hopecottage/</a>	(902) 429-7968
ReachAbility	<a href="http://reachability.org/?s=volunteer">http://reachability.org/?s=volunteer</a>	(902) 429-5878
Amnesty International	<a href="http://www.amnesty.ca/blog2.php?blog=member_news&amp;category=245">http://www.amnesty.ca/blog2.php?blog=member_news&amp;category=245</a>	1-800-266-3789
Boys and Girls Clubs of Canada - Maritime Region	<a href="http://www.bgccan.com">http://www.bgccan.com</a>	(902) 469-1550
Boys and Girls Club of East Dartmouth	<a href="http://www.edbgc.ca">http://www.edbgc.ca</a>	(902) 435-3204
Boys and Girls Club of Cole Harbour	<a href="http://www.bgccan.com">http://www.bgccan.com</a>	(902) 462-7148
Boys and Girls Club of Dartmouth	<a href="http://www.bgcod.org">http://www.bgcod.org</a>	(902) 463-1210
Boys and Girls Club of Preston	<a href="http://www.bgccan.com">http://www.bgccan.com</a>	(902) 829-2665
Boys and Girls Club of Spryfield	<a href="http://www.bgcspryfield.org">http://www.bgcspryfield.org</a>	(902) 477-9840
Boys and Girls Club of Sackville	<a href="http://www.bgccan.com">http://www.bgccan.com</a>	(902) 865-5010
Heartwood Centre for Community Youth Development	<a href="http://www.heartwood.ns.ca/howtogetinvolved.html">http://www.heartwood.ns.ca/howtogetinvolved.html</a>	(902) 444-5885
<b>Animals</b>		
Marine Animal Response Society (MARS)	<a href="http://marineanimals.ca/site/how-you-can-help/become-a-volunteer/">http://marineanimals.ca/site/how-you-can-help/become-a-volunteer/</a>	(902) 423-2883
Greyhound Friends of Nova Scotia	<a href="http://gfons.cfsites.org/custom.php?pageid=3624">http://gfons.cfsites.org/custom.php?pageid=3624</a>	(902) 477-8714
Bide Awhile Animal Shelter	<a href="http://www.bideawhile.org/help/volunteering.php">http://www.bideawhile.org/help/volunteering.php</a>	(902) 469-9578
Litters 'n Critters Animal Rescue	<a href="http://littersncritters.com/OURFOSTERFAMILIES.aspx">http://littersncritters.com/OURFOSTERFAMILIES.aspx</a>	
SPCA Nova Scotia	<a href="http://www.spcans.ca/volunteering.html">http://www.spcans.ca/volunteering.html</a>	902-835-4798

**Additional information on Community Service Organizations is available on the Community Information Bookcase and in the Directory of Community Services on the Labour Market Information Bookcase...both located at Job Junction.**